



CCS

people • place • enterprise

Community Council for Somerset

Keeley Rudd. CEO



CCS

people • place • enterprise

Supporting

Places



Community Buildings

Consultancy Support for:



Parish Councils



Community Groups

People



somerset village & community agents



somerset carers



Positive People Programme



Bishop Fox's Educational Foundation

Enterprise



Community & Social Enterprise



Community Buying Schemes



Entrepreneurship

Helping Build a Stronger Somerset





somerset **village** &
community agents



somerset
carers

Advice Line: 0800 31 68 600 or TEXT 'Carer' to 78070

If you regularly look after someone in a caring capacity, this may be a family member or friend, **Somerset Carers Service** can support you with advice and guidance.

Caring for another person is very rewarding, but can be overwhelming and lonely at times.

Somerset Carers Service can help with :

- Linking you to groups & events in your area
- Finding information that will help you and the person you are caring for, tailored to you
- Guiding you through financial support you may be eligible for, and assisting you with applications



www.somersetcarers.org.uk



somerset **village** &
community agents

Hello - I'm Carolyn your local Village Agent



**I offer free
confidential
practical support
for you and
community
groups.**

**We Help
when others
won't, don't,
or can't**

Enabling you to feel:

- **Healthy & well**
- **Able to manage your affairs**
- **Independent & safe**
- **Part of a strong & thriving community**

Carolyn Grout - Village Agent



07958 415 264



carolyng@somersetccc.org.uk



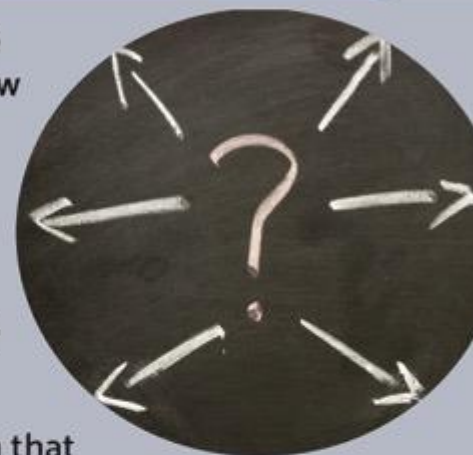
www.somersetagents.org



somerset **village** &
community agents

How can a Village Agent help you?

- ➡ Do you live alone, have a problem and not know who to turn to?
- ➡ Are you struggling as a young person, an older person or as a family and need advice & support?
- ➡ Do you have a problem that can be fixed by accessing the right people, services or agencies, but are unsure of where to begin?
- ➡ Are you a carer that needs a little help & support?
- ➡ Does your community have a collective problem that needs a kick start to solve?



* All conversations are strictly confidential *



CCS
people - place - enterprise

Somerset Village Agents
- Shared & Co-Produced with



**COMMUNITY
FUND**

Hastoe
Group



**NHS
Somerset**

Clinical Commissioning Group





+ Find an Agent!

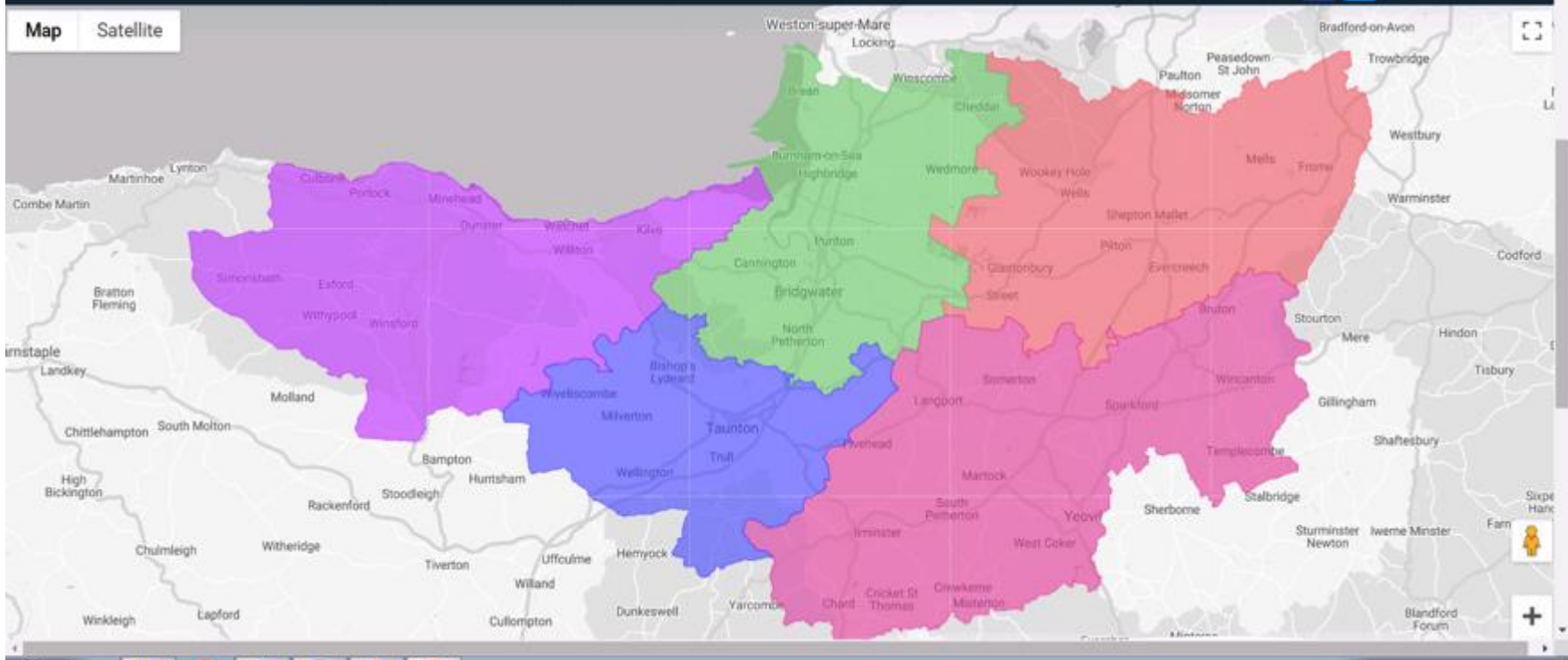
Subscribe

+ CCS

[Home](#) [Find your local agent](#) [Meet the Somerset Agents](#) [Talking Cafes](#) [Somerset Crisis Fund](#) [Events & Useful Information](#)



Map Satellite



Resource - 57 Agents

20 Village Agents

9 PCN Village Agents

1 Macmillan Village Agent

7 Mental Health Village Agents

9 Community Agents

3 Home First Community Agents

7 Carers Agents plus 1 Advice Line/support
Officer

1 Village Agent Transport



somerset **village** & **community agents**

People Supported



1,985

people
were
supported



with
2,850

issues



in

21

months



780

issues
were 'light'
touch



75%

people were
over 75
years old



79%

people reported
they had a
disability or long
term health
condition



2000+

issues
required 1:1
support

Data collated from CCS database
between April 2015 - December 2016



CCS
people · place · enterprise

The logo features the words "Talking Cafe" in a large, yellow, cursive script font. The text is set against a teal background. On either side of the text are white, stylized cloud shapes with soft shadows, giving the impression of floating clouds.

Talking Cafe

Multi agency information cafe providing free advice and support

**Bridgwater – Burnham on Sea – Chard – Cheddar – Dulverton – Langport
Minehead – Porlock – Street – Taunton – Wiveliscombe – Williton – Yeovil**

Our Village, Carers and Community Agents have established many weekly Talking Cafes throughout Somerset

For full details go to
https://somersestrcc.org.uk/our_work/supporting-individuals/talkingcafe/

Or find us on Facebook www.facebook.com/talkingcafesomerset

Each year we collate as much detail on Christmas events across each district and publish them for all to use.

The Christmas Directory is used extensively by the public, as well as support agencies & our own agents in trying to combat loneliness during the festive season

The image displays four overlapping directories for Christmas and New Year events in Somerset Villages. Each directory is a table with columns for Date/Day(s), Venue, Event/Group, and Information.

West Somerset Christmas & New Year Events 2017/18

Date/Day(s)	Venue	Event/Group	Information
Over Festive time	Minehead Eye, Minehead		
	Talking Café, Minehead		

Taunton Deane Christmas & New Year Events 2017/18

Date/Day(s)	Venue	Event/Group	Information
Throughout the Festive Season	Langford Lakes, Langford Lakes		
7th December			

Sedgemoor Area Christmas & New Year Events 2017/18

Date/Day(s)	Venue	Event/Group	Information
Every day from 1st December	Parish Church, Spaxton	Christmas Tree Festival	Donations Welcome. Church is open every day
Every Monday	Middlezoy Chapel Rooms	Coffee Morning	
	Westonzoyland	Coffee Morning	
		Feel Better with a Book	

Mendip Area Christmas & New Year Events 2017/18

Date/Day(s)	Venue	Event/Group	Information
Mondays 11am - 12.30pm	Glastonbury Library	Feel Better with a Book	
7th December 10.45am - 12pm	North Wootton Village Hall	Café	Free to attend with Christmas stories & festive treats in Dec
7th - 9th December	Chewton Village Hall, Chewton Mendip	Robin Hood	
8th December 2pm - 4pm	Croscombe School	Frost Fair	£10/£6 01761 241168 to book
8th December 6pm - 8pm	Leigh On Mendip Memorial Hall	FOLC Christmas Fair	
9th December 10am - 3pm	Croscombe Village Hall	Croscombe Christmas Market	

South Somerset Christmas & New Year Events 2017/18

Date/Day(s)	Venue	Event/Group	Information
	Castle Cary - Whole Town	Big Xmas	
	Wynford House, Luffton Way, Yeovil BA22 8HR	Somerset CCG Christmas Charity 'Ploot'	Join in by walking, jogging or running... which will be 5k for joggers/runners and 3k for walkers. To register contact Sarah Lomas sarah.lomas2@nhs.net
		Charity Christmas Market & Fayre	£10 - 01460 241467
		Carols for Christmas	
4th December 10am	Blake Hall, South Pertherton	Nativity	
9th December 7pm	St Peter's & St Paul's, South Pertherton		
10th December 11am	Parish Church, Muddford		
12th December 10am - 12pm	Village Hall, Quares Camel	Village Café mince pies and children singing	

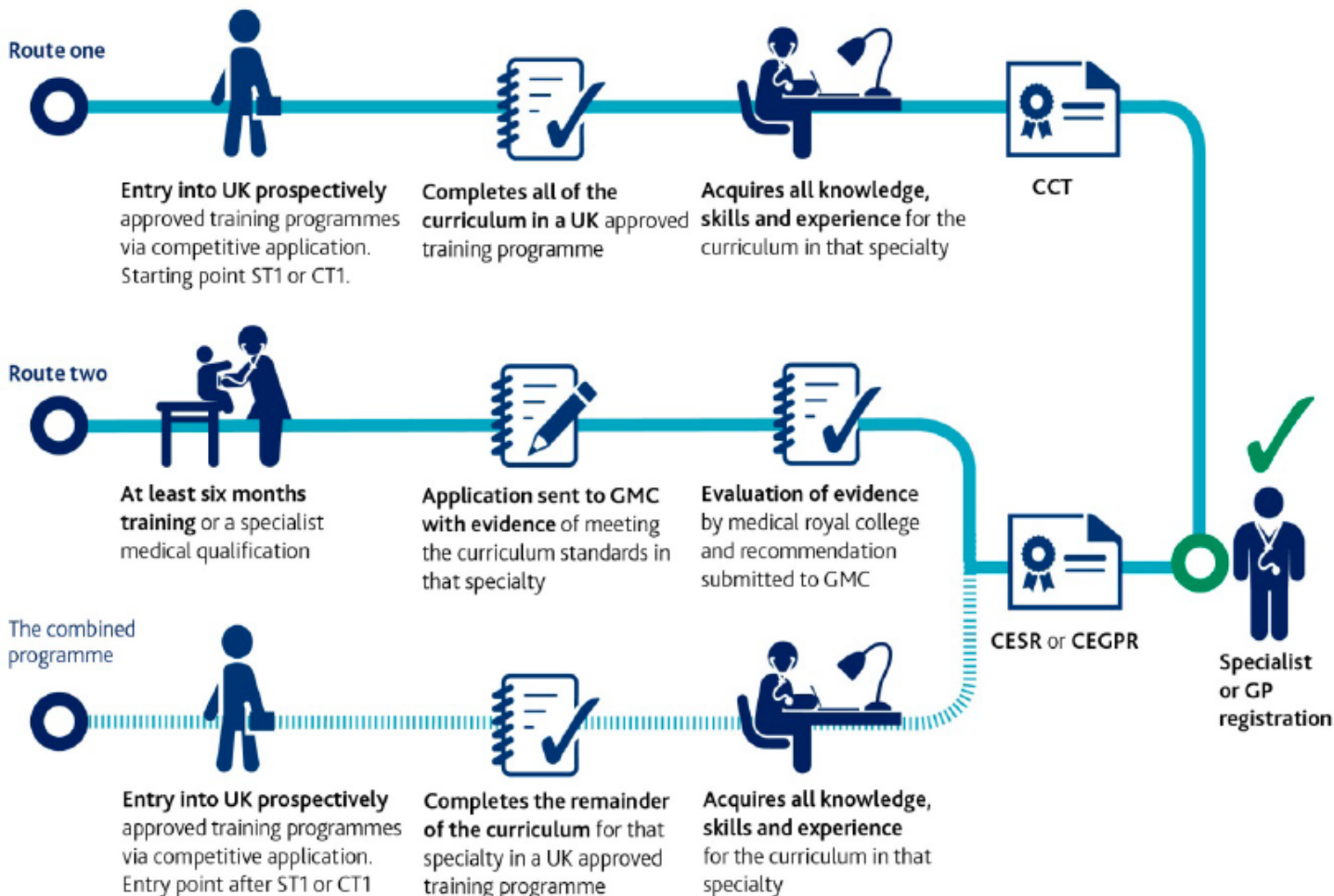
Novel Approach to GP/ Specialist Accreditation - Exploring the CESR / CEGPR route

Gajendran Kanagalingam
Wye Valley NHS trust

Who is involved in this project

- Dr Jayne Clarke – Consultant Paediatrician with Special Interest in Respiratory Medicine and Associate Medical Director of Education ; Project Sponsor
- Dr Gajendran Kanagalingam – Specialty Doctor in Obstetrics and Gynaecology ; Project Lead
- Dr Jessica Alcena – Specialty Doctor in Acute Medicine ; Project Co-Lead

Routes to specialist or GP registration



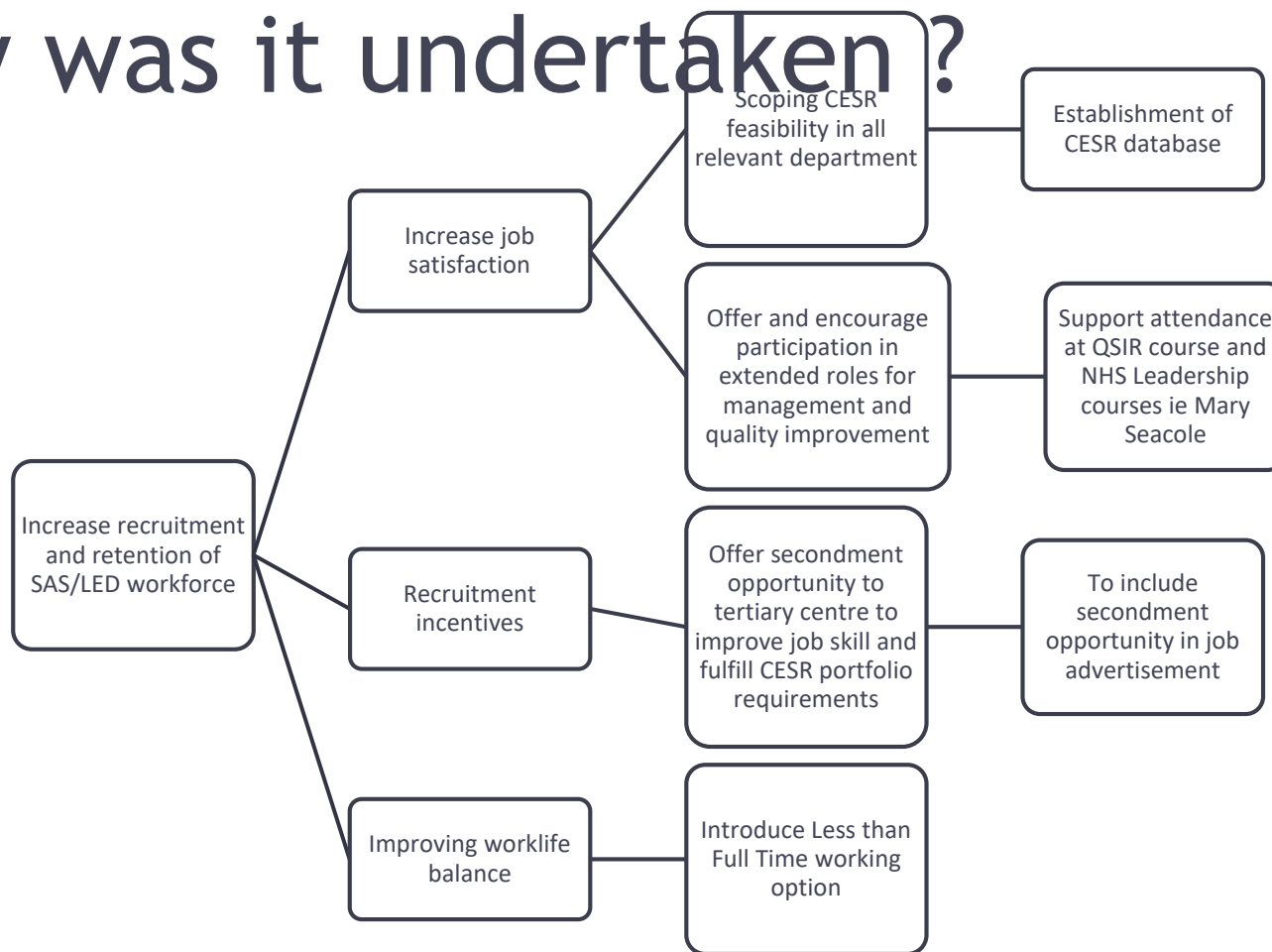
What is CESR?

- CESR = Certificate of Eligibility for Specialist Registration
- doctors in a non training post
- show evidence of knowledge, skills and attributes of a consultant to the GMC
- holders can apply for substantive consultant post
- equivalent to CCT (a GMC approved regional consultant training programme)

Benefits of CESR

- Royal Derby Emergency Department
 - Retention rate increased to 92% from 63%
 - Staff morale and job satisfaction improved
 - CESR portfolio adapted as toolkit for implementation nationwide to increase consultant workforce in Emergency Department
 - Saving up £330 000 ,every year through less agency spend and more substantive post being filled in
 - Similar experience in Harrogate and District NHS and University Hospital of Southampton

Why was it undertaken?



How was it undertaken ?

- Research the CESR programme, produce a summary paper to evidence this
- Arrange meetings with consultants, teams, SAS doctors to scope provision/opportunity
- Design and populate a CESR database
- Validate the database with the teams and share with stakeholders

How was it undertaken ?

- Met with clinical leads of all departments
- Compiled which part of the curriculum can and can't be offered in WVT
- Secondment opportunity explored
- Attended CESR workshop day organised by GMC
- Database launched and shared with key stakeholders at a information and update session
- Good feedback

Certificate of eligibility for specialist registration (CESR)

Last published: 02/09/2019

[CESR Information & Update Session - 2nd Sept 2019, click here for more details](#)

The CESR project was designed with the following aims as workstreams :

- 1) Workstream 1 - To scope across WVT for existing and future provision opportunities to create a CESR database
- 2) Workstream 2 – To scope existing generic skills opportunities; create and launch a multi professional teaching programme
- 3) Workstream 3 - To scope existing provision of postgraduate teaching , identify Strengths ,Weakness ,Opportunities and Threats (SWOT analysis) from current provision and identify suitable multi professional learning opportunities

[Click here for more details](#)

[CESR Project workstreams](#)

[KPI 1 CESR programme summary](#)

[KPI 2 LEARNING OPPORTUNITIES FOR GENERIC :](#)

[KPI 3 Existing programmes of study](#)

[KPI 4 SWOT Analysis](#)

[KPI 9 Design and populate a CESR Matrix](#)

KPI 1 Research the CESR programme produce a summary paper to evidence this

Produced by Dr Gajendran Kanagalingam and Dr Jessica Alcena – HEE project leads
Supervised by Dr Jayne Clarke - Associate Medical Director Education

Introduction - Certificate of Eligibility for Specialist Registration (CESR)

CESR is the pathway by which doctors who are not in an approved training programme can demonstrate their knowledge, skills and experience are equivalent to that of the relevant Certificate of Completion of training (CCT) curriculum to join the Specialist register. It was previously known as Article 14.

It is a legal requirement for all doctors to be on GMC specialist register before they are given a licence to practice independently as a consultant . It's the pathway chosen mainly by SAS doctors who are usually on staff grade , associate specialist and specialty doctors contracts. These doctors usually work towards specialist status by completing skills gaps while continuing their service provision work as middle grade doctors.

Contact Details

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Certificate of eligibility for specialist registration (CESR)

Last published: 02/09/2019

[Medical Division CESR Matrix](#)

[Surgical Division CESR Matrix](#)

[Diagnostic Service CESR Matrix](#)

Events

[Developing Leadership Skills](#)

[Human Factors and Patient Safety](#)

[Designing a Quality Improvement Project](#)

[!\[\]\(fe3aebe81acea8d45108cd2768939da7_img.jpg\) CESR Information Session Presentation](#)

Specialties we can offer the majority/all of training are:

Acute Internal Medicine (AIM)	
GMC Specialty Specific guidance	https://www.gmc-uk.org/-/media/documents/sat---sbg---acute-internal-medicine---dc2280_pdf-48455180.pdf
This link has up to date links to ARCP decision aids and current curriculum	https://www.jrcptb.org.uk/specialities/acute-medicine
Part of curriculum that cannot be offered at Wye Valley Trust	At least 6 months in a teaching hospital (non-DGH) AMU. Would require secondment

Surgical Specialties Directorate – Trauma and Orthopaedics

Curriculum links	https://www.gmc-uk.org/-/media/documents/t-and-o-inc_-trauma-tig-approved-jul-17_pdf-72511367.pdf
CESR information on JCST (Joint Committee on Surgical Training)	https://www.jcst.org/cesr/cesr-application-guidance/trauma-and-orthopaedic-surgery/
JCST Certification Guidelines and Checklist	https://www.jcst.org/quality-assurance/certification-guidelines-and-checklists/
GMC Specialty Specific Guidance	https://www.gmc-uk.org/-/media/documents/sat---sbg---trauma-and-orthopaedic-surgery---dc2329_pdf-48456263.pdf
Parts of the curriculum that can be offered in Wye Valley Trust	Hands, Wrist, Elbow, Shoulder, Hip, Knee, Foot, Ankle and Trauma
Parts of the curriculum that cannot be offered in Wye Valley	Further training in Paediatrics and Spine at a tertiary centre will be necessary to complete CESR

What is the new project?

- A scoping exercise to explore whether CEGPR does offer a feasible alternative route for rural GP recruitment

What is CEGPR?

- an alternative route to apply to the GP Register
- Doctors in a non training post in the UK
- Overseas doctors from some countries
 - Streamlining application for doctors from Canada, South Africa and Australia

Why is it needed?

- Recent workforce survey across 83 practices across Herefordshire and Worcestershire
 - 1/3 of practices cite GP workforce as high risk
 - Age of GP > 50 years
 - Herefordshire highest , 64% vs 45% at Worcestershire
 - Less full time equivalent GP lower than national average
 - GP trainee numbers
 - Leaving ≠ training
 - Rural location
 - Some benefit from TERS scheme , but most return to big city for substantive post

Why it could be attractive?

- Experienced SAS/LED doctors with personal circumstances
- Put off by the need to do night shift on traditional GP- VTS scheme
- Dual registration of CESR and CEGPR could open more flexible working pattern
- GMC findings
 - Benefit from streamlining and simplification.
 - Lack of awareness as alternative route of training pathway

How its going to be done ?

- Research the CEGPR
- Arrange meetings with GP trainers
- Arrange meetings with potential trainees to obtain their perspective on CEGPR, is it attractive to them?
 - Organise focus groups
- Summary paper on proposed CEGPR to GP stakeholders to get feedback and validate the summary paper with agreement from GP stakeholders

What it can provide ?

- Centre of excellence for providing CESR/CEGPR
- Home grown local workforce to maintain sustainability of the workforce
- Some parts already providing results in secondary care
- Expand that vision to include primary care
- Initially in Herefordshire with the intention to spread the learning and potentially upscaling across Worcestershire to cover the STP geography.
- local solution to enhance our long term capacity to deliver safe services.

Who will be involved in CEGPR Project

- Dr Jayne Clarke – Consultant Paediatrician with Special Interest in Respiratory Medicine and Associate Medical Director of Education ; Project Sponsor
- Dr Gajendran Kanagalingam – Specialty Doctor in Obstetrics and Gynaecology ; Project Lead

65
High Street



Ian Morrell: Development Manager@65 High Street
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The Importance of a 'Place'

No 65 users (examples)

- 2nd Step (mental health) cafe
- 6t5 Youth Club
- Art and craft exhibitions
- ASD support group
- Better

Nailsea/Nailsea in

- Therapeutic art/craft groups
- Wellspring Counselling
- Workshops
- Young Carers

Run by us

- Hidden Histories
- KiActiv@65
- NHS Digital: Techno-Timid
- Switching Service

Salutogenesis@65



**Concept
created in the
1970's by Aaron
Antonovsky**

The principle is
to focus on
peoples'
resources and
capacity to
create health

not on the
medical medical
focus of risks, ill

Key Terms

- Sense of Coherence
- Learned Resourcefulness
- Learned Hopefulness
- Connectedness,
Belonging, Resilience
- Health, Stress and Coping
- Problem Solving and
Activation

Treat the Person not the Condition

‘no decision about me without me’

- Wellbeing is made at homes and in communities, not in hospitals and clinics
- Community organisations are resourceful, adaptable and cost effective
- Community groups need places (not council one-stop shops) to meet, share, support – places connect people
- Community not agency-led has unique advantages
- Develop knowledge and confidence

People-Centred Health and Wellbeing

**MEDICAL
(illness)
MODEL**

Hospital,

nic,

s,

mary

e

PEOPLE

Knowledge

Activati

SMART

TECHNOLOGY

Resilien

Digital skills

**SOCIAL
(wellbeing)
MODEL**

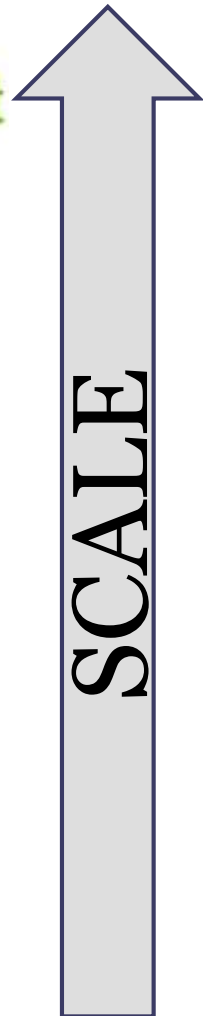
3rd Sector,
Families/friends,

Communities

65

High Street

Linking the Medical and Social Models



Statutory Bodies e.g NHS,
District/County Councils, large
charities

BARRIERS TO COLLABORATION

not done/invented here, silos, budgets,
policies, professional boundaries,

reorganisations, trust, power
3rd Sector e.g. volunteers, local charities,
Community Interest Companies (CICs),
housing associations

What is the Return on 'Investment'?

- Buying and running high street premises does not come 'cheap'
- Charging for use covers some costs
- Parish Councils make grants: groups using No 65 can be in lieu (or in addition to a grant)
- The impact of Social Value i.e. the return on £1 spent
- No 65 is an engine for generating social value – local authorities and NHS should be investing in 'No 65s'

Our Ethos

JUST DO IT.

- We are custodians not owners
- Human scale and relationships not economies of scale and structures
- No labels and no silos
- Trust people: listen and learn
- Synergy happens one conversation at a time
- Less Planning = More Serendipity
- It's easier to apologise than ask permission
- Amazing things happen when no one wants to take the credit