



Fishing for a Future

Health Outcomes

6 months research around 42 ports



2018

- 42 ports and harbours visited
- 100 survey to GPs and dentists
- Over 1000 fishers interviewed





*“I’m unwilling to retire. But
my body says I should.”*

*“My partner suffers from mild
COPD [Chronic Obstructive
Pulmonary Disease], diabetes,
and is in constant pain with
arthritic joints due to the years
at sea and the hard graft”*

*“I am already taking
medication for depression
and there is nothing they
can really do when the
symptoms get worse as they
do in times of hardship.”*

Challenges



Back Pain



Smoking



Excessive alcohol consumption



Respiratory problems



Moving towards solutions

“There are lots of people wanting to help. But fishermen need one place where they can go to for support and a coherent message. That’s how you enable change: by making fishermen aware of the support and services that are out there.”

Participant at the UK Fishing Forum, January 2018

“There is considerable tolerance of risk, both by fishermen themselves and by society”

Lloyd's Register Foundation 2017.

It's not Health & Safety- events at sea





**THE
FISHERMEN'S
MISSION**



Supported by



Fishermen's Mission, Registered Charity England & Wales
No. 232822. Seafarers Hospital Society, Registered
Charity England & Wales No. 232822.

SEAFIT[®] PROGRAMME

**FREE HEALTH
AND WELLBEING
SERVICES FOR
FISHERMEN
AND FAMILIES
IN CORNWALL**



@GetSeaFit

www.seahospital.org/seafit-programme/
www.fishermensmission.org.uk/seafit-programme/

SEAFIT PROGRAMME

In partnership with Fairwinds Mental Health
and Wellbeing Services

**Free mental health and
wellbeing service for
working fishermen and
their families in Newlyn**

- Having a tough time?
- Feeling stressed or anxious?
- Stuck in a bad place?
- You don't have to deal with it alone.



Expert help is available from Fairwinds Services

CONFIDENTIAL Mental health and wellbeing service

FREE Assessment, treatment, advice, support and counselling

LOCAL Available at Harbourside, Wesley Place, Newlyn

FAST No need for GP referral

Tel: 01736 366224

Email: fairwinds781@outlook.com

Fit Body + Fit Mind = SeaFit



[/GetSeaFit](#) [@GetSeaFit](#)

HELP & ADVICE FOR FISHERS AND THEIR FAMILIES

IF YOU OR YOUR FAMILY WORK IN THE FISHING INDUSTRY AND NEED HELP DURING THE COVID CRISIS, USE THE GUIDE BELOW TO ACCESS SUPPORT

GENERAL

SAIL
 THE NATIONAL FISHING AND AQUACULTURE SUPPORT
 TEAM CAN PROVIDE ADVICE, SUPPORT, INFORMATION,
 AND ASSISTANCE TO FISHERS AND FISHERIES
 0800 1 80 1842

FISHERMEN'S MISSION
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 448 1002

SEAFARERS' MARINERS' SOCIETY
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 01 448 28154

SEAFARER SUPPORT
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

SEAFARER'S HOSPITAL SOCIETY
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 608 0888

GROCERY 4U
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 821 1142

LEARNING

SEAFISH
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 01 448 28154

BUSINESS

**SELF-EMPLOYMENT INCOME
SUPPORT SCHEME**
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 504 1222

GOVERNMENT BOUNCE BACK LOAN
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

APPLY TO YOUR BANK
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

SMALL BUSINESS RATE RELIEF
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

**GOVERNMENT BUSINESS
INCOME PROTECTION LOAN**
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

VAT PAYMENTS
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

**GOVERNMENT BUSINESS
INCOME PROTECTION LOAN**
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

FINANCE

UNIVERSAL CREDIT
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

COUNCIL TAX SUPPORT
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

HEALTH

BIG WHITE WELL
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

SEAFISH
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 01 448 28154

SEAFARERS
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 01 448 28154

LOCAL SUPPORTS
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

EMERGENCY SUPPORT
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

SEAFARER'S HOSPITAL SOCIETY
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 608 0888

ALABORN
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

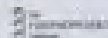
RELATIONSHIPS

RELATE
 NATIONAL FISHING AND AQUACULTURE SUPPORT
 0800 1 21 4781

FOR GENERAL INFORMATION CONTACT THE NATIONAL FISHING AND AQUACULTURE SUPPORT TEAM
 CALL: 01 736 562 282, TEXT: 01736 562 400, EMAIL: FISHING@FISHINGANIMATEUR.CO.UK
WWW.FISHINGANIMATEUR.CO.UK



**FISHING
ANIMATEUR**





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