



Inspected and rated

Outstanding ★



**West Suffolk**  
NHS Foundation Trust

# Rurality in health and social care

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**West Suffolk NHS Foundation Trust (WSFT)**

**#TeamWestSuffolk**

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# We know the demographic of people we're caring for in Suffolk is changing



**757,000**

People live in  
Suffolk in 2017



Higher  
proportion of  
over 65s lower  
proportion of  
working age  
people



**65+**

In 20 years, one  
in three  
people in  
Suffolk  
will be aged 65+

The background of the slide shows two healthcare professionals, likely nurses or doctors, in a clinical setting. They are wearing white coats and are looking down at a document or a patient's chart. The image is faded and serves as a backdrop for the text.

**This ageing population often  
links with long term  
conditions and diseases, and  
together, this puts pressure  
on our whole system**



# Occupational therapists – one example

**Seventy-percent of our OTs are employed in rotations across organisations including social services, mental health, community and acute. Seamless pathways for patients and shared knowledge.**

**We also have a shared OT committee to reduce silo working and duplication**





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## Our **Alliance** is already at the forefront of innovation:

- Early intervention team
- Support to go home
- Red bag scheme
- Buurtzorg
- Rotational models of recruitment (paediatric physiotherapy, occupational therapy)
- Newmarket and Glastonbury Court
- Rapid intervention vehicle.

# Making sure all Alliance teams work together







**Not all about funding.  
Real opportunity; long term  
plan, ICS, alliances,  
neighbourhoods –  
collaboration and space to  
make a difference.**

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# Thank you



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