

**RSN West Midlands Regional Seminar Online via Zoom  
11am-1pm, Tuesday, 30<sup>th</sup> June 2020**

**Agenda**

**11:00 Welcome from Ivan Annibal on behalf of Rural Services Network**

**11:10 Introduction by chair Cllr Roger Phillips, Herefordshire Council**

**Seminar session  
Rural Health & Wellbeing**

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**11:20 Speaker 1**

Garry Jones, Chief Executive at Support Staffordshire

***The voluntary health and care sector – a Staffordshire perspective before and during Covid-19!***

Short Q&A with the speaker

**11:40 Speaker 2**

Brian Wilson, Director and Research Consultant at Rural England CIC

***Creating a Rural Proofing Health Toolkit***

Short Q&A with the speaker

**12:00 Speaker 3**

Martin Cutbill, Director at Alertacall

***How innovative daily contact is reducing social isolation and promoting wellbeing for older people***

Short Q&A with the speaker

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**12:20 Open forum discussion led by Ivan Annibal focusing on the West Midlands Region**

Wider discussion about Rural Health & Wellbeing in the West Midlands with evidence and examples of Good Practice that members wish to share.

This discussion can also include health & wellbeing concerns from local rural communities due to lockdown, and any wider issues as relevant.

**Providing a voice for rural communities and service providers**

Rural Services Network

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