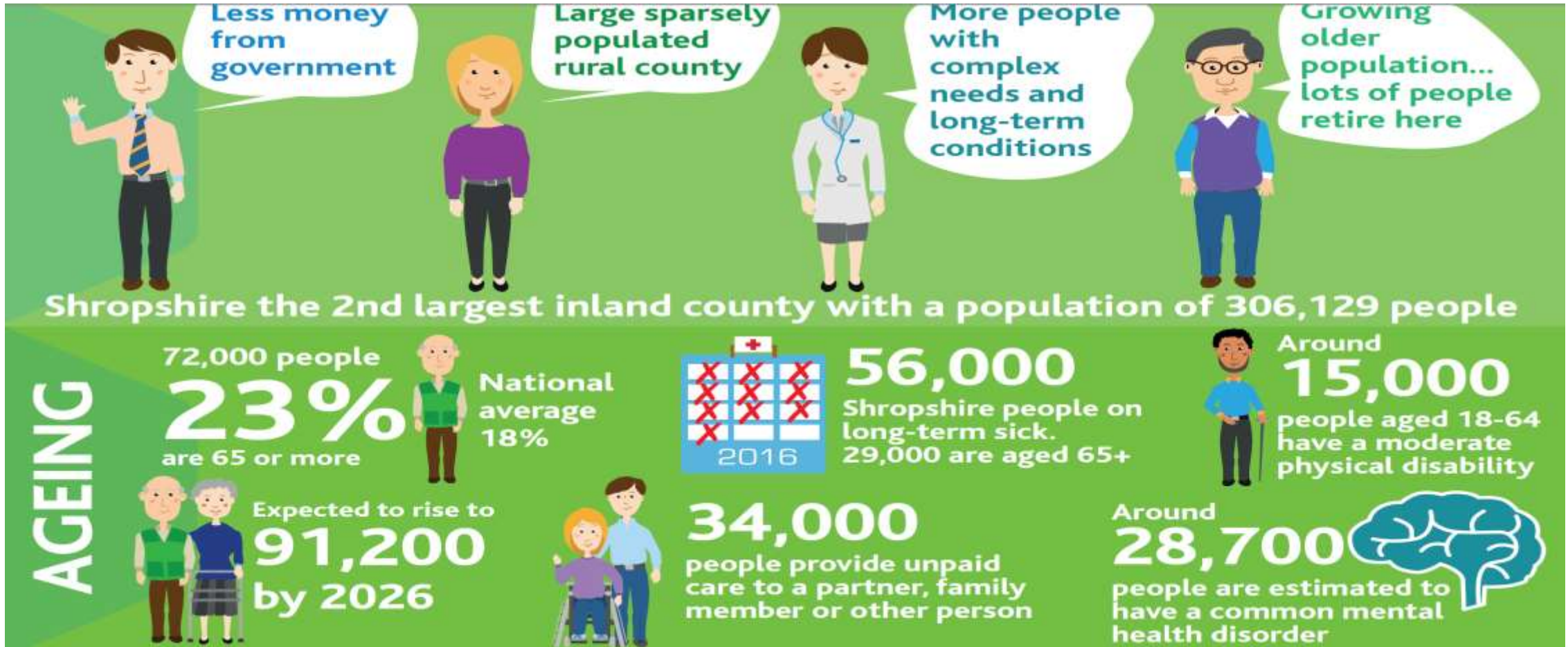


Current work and innovation in Adult Social Care, Health and Social Housing



Understanding demand in Shropshire



Prevention Initiatives - Housing

- The council will continue to invest in prevention initiatives for adults with the overall aim that:
 - People's need for long-term formal care and support is delayed and/or reduced;
 - People are enabled to live in a healthy and resilient community and are supported to build strong community networks;
 - People are able to access appropriate information, advice, advocacy and support regardless of their 'entry point' and location;
 - Services are enabled to support complementary programmes such as Social Prescribing and 'out of hospital' support;
- Housing support contributes to all of these with a focus on people who are:
 - at risk of tenancy failure or losing their home; or
 - at risk of homelessness; or
 - socially excluded; or
 - find it difficult to cope with everyday living

Housing Services – Support Contracts

- The focus of housing-related support will be on ensuring that people have access to appropriate and settled accommodation according to their circumstances and have the support networks in place to help them sustain that accommodation;
- Housing support helps the council to meet its statutory prevention duties under the Homelessness Reduction Act;
- Housing support complements other preventative activity through, for example, making resources available to other agencies to run activities or providing drop-ins and 'surgeries' at other agencies' premises;
- Housing support services will continue to work very closely with other preventative services and providers such as Age UK, Citizens Advice, etc to ensure that people are supported by the right organisation.

Technology Enabled Care – Housing & ASC

Technology Enabled care is key in supporting people at home in preventing admissions into hospital and residential care and also supporting patients to return back home from hospital.

A series of Technology Enabled Care projects have been developed. Specifically, they look at how technology can support and improve care service provision.

- Hospital Discharge Telecare Pilot
- The Broseley Project
- Beech Gardens Step Down Beds
- Technology Enabled Care Community Hub

Technology Enabled Care - Housing & ASC

Hospital Discharge Telecare Pilot

- Uses telecare equipment to support hospital discharge - Patients are issued with Telecare at point of discharge free of charge for 13 weeks
- After 13 weeks patient has choice to return the equipment or continue and pay the ongoing monitoring costs – approx. £3 a week. £1 of which comes back to Council.
- The pilot tests if this model speeds up hospital discharge, reduces re-admission, and delays the need for more intensive forms of ongoing care.

The Broseley Project

- Trialling the use of consumer technology to help support older people to remain independent and in their own homes for longer - Amazon Echo Dot, Amazon Echo Show, Gear Fit Pro fitness tracker.
- Working with Hitachi, Lady Foresters Centre and volunteers living in the Broseley area.
- Will test what difference devices have on social isolation and falls (detection and prevention)

Technology Enabled Care - Housing & ASC

Step Down Beds (Beech Gardens)

- Shropshire Council currently commission 2 step down beds at Beech Gardens in Ludlow (2 self-contained bungalows) to support reablement following a hospital stay.
- Both bungalows are fitted with a range of assistive technology, telecare, and consumer technology to support reablement.
- About to trial a similar concept at Whitchurch Community Hospital to support reablement work.
- Plan to roll this model out to other community hospitals subject to evaluation of these trials.

Technology Enabled Care Community Hub

- With advances in technology and the blurring between “Assistive Technology” and “Consumer Technology”, the choices facing individuals and professionals alike can be overwhelming.
- Based in Shrewsbury and hosted by the Independent Living Partnership (ILP) as part of their community equipment demonstrator, this will be a place where Technology Enabled Care devices available for demonstration to professionals and the public.

Adult Social Care – Work and innovation

- eBrokerage
- Electronic call monitoring for domiciliary care market
- Safe and Well Visits
- Single handed care
- Nursing and residential beds commissioning project



Adult Social Care – Work and Innovation

- 2 Carers in a car - Pilot now extending across County
- Incentivising - Rural Incentives – travel time- 48-hour delay
 - Urban Incentives – Parking permits
- Independent Care Home Assessors – Supports discharge -
-Streamlines process- trusted by 90% providers – Telford joining in.



Adult Services, Health and Social Housing - Social Prescribing

- Way of improving well-being and health which does not rely on a medical solution
- 30% people using primary care with non-medical issues
- Too many people ending up with lots of long term conditions
- Resources in the public sector are scarce and GP's have 9 minutes
- Better to keep people well
- Taking part in community activities, creative arts, advice
- volunteering, dancing, singing, walking
- Evidence of impact from elsewhere shows effectiveness
- We need more evidence!



Adult Social Prescribing – what it offers

Offers patients something more than a medical intervention

Lots of social activity and support in the community

Reduces pressure on stretched services – GP's and hospital services – demonstrated in other areas

Patients benefit from 'taking control' and finding ways to keep well

Opportunity to improve health and wellbeing, reduce loneliness, chronic health conditions

Top reasons for referrals

Lifestyles – alcohol, physical activity, weight

Isolation and loneliness

Mental health

Long term conditions

Age bands – 55 years + and 18-34 increasing

Adult Services, Health and Social Housing - Lets Talk Local

- 21 Let's Talk Venues, 12 Let's Talk Mental Health, 1 carers development worker at Royal Shrewsbury Hospital.
- Specific appointments, others are Drop in's
- FPOC, Mental Health teams and practitioners access the calendar to make appointments.



Development work:

- specific days for appointments for reassessments and for young people preparing for adulthood
- Working together with Public Health to offer social prescribing appointments.
- Assistive technology sessions with equipment available for people to see.