

STRONGER TOGETHER

# **Wellbeing Service**

**Mick King**, Agency Director Lincolnshire Home Independence Agency

# Lincs Independent Living Partnership



Lincolnshire Home Independence Agency Assessment, Advice, Adaptation



Housing with Care









# Wellbeing Service – What will it achieve?

- Promote health, wellbeing, independence and choice to anyone 18 years and over, meeting defined criteria;
- by *increasing* the **number** of **people** who are able to **live independently** with support and technology in their own home;
- by *providing* more **proactive**, **integrated**, **high quality care** through multi-disciplinary working;
- by *joining up* **information** and **advice** services;
- by making equipment, minor adaptations and assistive technology available quickly on a low level preventative basis.
- Discharges the commissioner's duty under The Care Act 2014



# Wellbeing Service – What does it cover?

### Lot 1, Countywide Monitoring Service

 Monitoring of TeleCare equipment and triggering a response, and provision of proactive wellbeing phone calls – *Mears 24/7*

## Lot 2, Wellbeing Support and Response Service

- Delivered by four of the six members of Lincs Independent Living Partnership in Boston Borough, City of Lincoln, South Holland, South Kesteven and West Lindsey;
- Delivered by East Lindsey District Council and North Kesteven District Council respectively in their districts...but *Home Safe* delivered by *LILP*



# Wellbeing Service – Who delivers what?

### **Trusted Assessment** (7 days from referral)

 an holistic, whole-person, whole-house assessment of an individual's needs and their support networks, creating a bespoke personcentred support plan – *LincoInshire Home Independence Agency & Age UK LincoIn*

## **Generic Support** (10 days from assessment)

 Short-term generic support for up to 6 weeks, where needed as determined by the trusted assessment, to put in place arrangements for the future – *Lincolnshire Home Independence Agency & Age UK Lincoln*



# Wellbeing Service – Who delivers what?

**Minor Adaptations** (7 days from assessment)

 simple repairs, maintenance and minor adaptations, e.g. fitting hand rails, banister rails and alterations to steps – *Lincolnshire Home Independence Agency*

**Equipment** (5 days from assessment)

 Installation of low cost equipment, e.g. raised toilet seats, bath seats / boards, shower seats, chair raisers – Lincolnshire Home Independence Agency

**TeleCare** (7 days from assessment)

 fitting key safes; installation, programming, training for users, battery changes, updates and decommissioning of TeleCare equipment: 36p/ week rental (Mears) – Age UK Lincoln & Boston Mayflower



## Wellbeing Service – Who delivers what? Wellbeing Response – *Stay Safe*

 24 hr/7 day a week Responders who will go out to the individuals home if an alarm is activated (for those who do not have their own arrangements): £1.50/ week subscription – Age UK Lincoln

## Wellbeing Response – Home Safe

 10am - 10pm/ 7day a week Transport and Resettling Service for patients returning home from hospital wards or A&E, who need support to do so safely – Age UK Lincoln & LACE Housing



# Wellbeing Service – How to access it?

- Referrals for assessments *LCC Customer Service Centre* dedicated number 01522 782140;
- Updates on cases –
  Wellbeing Service Coordination Centre dedicated number 01522 516318;
- Referrals for *Home Safe* –
  *LCHS Contact Centre* dedicated number 01522 707274;



# Wellbeing Service – What is the impact?

## Scale & scope

- £ multi-million, two-year contract (initially);
- Integration & cost saving (4 providers c.f. 25-30);
- Supply chain development;
- Up to c.7,000 new clients per year (5 districts);
- 85 new jobs

## **Overarching Outcomes**

- Public Health, NHS, Adult Social Care Outcomes Frameworks;
- Individual's outcomes;
- Big Society, Localism, personalisation agenda;
- Social & economic inclusion, participation in community life



# Wellbeing Service – What are the outcomes?

- 1<sup>st</sup> April 2014 launch;
- 1<sup>st</sup> July 2014 *Home Safe* goes countywide;
- First year:
- 83% of clients met their desired outcomes;
- < 5% of new clients referred to Adult Care Services;</p>
- External referrals to LCC for Adult Care have reduced in recent months;
- Assessment: 73% very satisfied, 21% fairly satisfied;
- Support: 69% very satisfied, 23% fairly satisfied;
- Adaptations & Equipment: 72% very satisfied,
  22% fairly satisfied;
- TeleCare: 76% very satisfied, 19% fairly satisfied;
- Response Service: 68% very satisfied, 25% fairly satisfied



# Wellbeing Service – What are the outputs?

- First year (numbers & % of Wellbeing clients):
- 2976 clients assessed (1384 existing, 1592 new);
- 2231 TeleCare installations (765 Wellbeing (48%))
  1466 Adult Care 66% of all);
- 344 (22%) minor adaptations;
- 129 (8%) clients supplied with equipment;
- 666 (42%) generic support cases;
- 565 (35%) *Stay Safe* clients
- 591 *Stay Safe* call-outs;
- 434 Home Safe discharges;
- Engagement with Health and community



# Wellbeing Service – What are the outputs?

- Second year:
- 55 new referrals / week (c. 2860 p.a.);
- 62 Adult Care TeleCare referrals /week (c. 3220 p.a.);
- Service take-up:
  - 15% TeleCare
  - 26% minor adaptations;
  - o 6% equipment supply;
  - 58% generic support;
- All performance indicators (PIs) met;
- Negotiated extension for third year



## Wellbeing Service – What did the Independent Evaluation say? First year:

- The service is delivering what is intended Enhanced through co-design
- The service is seen as effective

Popular with those who fund it, refer to it and receive support from it

 Pioneering in terms of range of people it helps and the consortium delivery

Tailored / person-centred

 The service is performing well and making a difference

3706 of 4442 (83%) clients would have had no support otherwise



# Wellbeing Service – What did the Independent Evaluation say?

 The service has reduced the number of people needing acute health and wellbeing support

If only 5% of clients are prevented from needing hospital or residential care the annual saving would be £6m

The 60 cases who were prevented from an A&E admission alone saved £21k

The social return on investment is £4.15 for each £1:00 invested, against a national benchmark of £3.85



# Wellbeing Service - Recognition Local Government News



Yet that's the challenge facing local authorities. In an effort on address health inequalities, main the second second second second brought by an ageing population, in the Government wants resources. Drawing thy an ageing population, and tackle many of the issues brought by an ageing population, provide and account second second provide the second second second provide and commissioning groups and councils aimed and count second second second groups and councils aimed themselves tasked with improving references tasked wit	1 Who is beer positioned to metal and care sets the region. I want the sequences of the sequences to at out of initial ensures? Set of the sequences of the sequences service providers - whose ends and initial ensures of the sequences of the sequences is of such rapid change service providers - whose ends and the sequences of the sequences of the sequences of field sequences of the independency, aren't the independency, aren't eld in the way services are benefitient without the sequences of the sequences of the sequences of the sequences of the sequences of the sequences of the sequences of the sequences of the sequences of the sequences of the independency aren't eld in the way services are
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January/February 2014

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to parties on both sides. In November, six local organisations signed a joint venture agreement to form a consortium capable of delivering a wide range of health and care services, from home adaptations and needs assessments to reapi support and practical help in the home. Lincs Independent Living Partnership (LILP), which Living Partnership (LLEP), which will officially be launched in March, brings together two social landlords – Lace Housing and Boston Mayflower – Lincolnshire Home Improvement Agenc Age UK Lincoln, St Barnabas Lincolnshire Hospice and community support provider Adults Supporting Adults. It effectively creates a one-stop shop for support for vulnerable people, offering them comprehensive service while ing economies of scale for

in Lincolnshire offers inspiration

www.LocalGov.co.uk

Mick King, agency director at Lincs HIA, believes the six members can 'deliver anything anyone ever asks of us'. Feedback anyone ever assess on us, retenuate, what is a counity Collicity, seen from the county council and district councils, for health trusts Lincolnshire's three health and four clinical commissioning trusts has been positive. They groups (CCGA), Lincolnshire understand the joined up faces a tough task in making approach we are offering and services more joined up. Thisiarge, truncloumly also has mentiore domisancies health and the services one positive trust on the services one positive in the services one positive in the mentiore domisancies health and the services one positive in the service of the services one positive in the services one positive in the service of the services one positive in the service of the services one positive in the service one positive in the service one positive in the service of the service one positive in the service of the service one positive in the service of the service one positive in the service one delivery,' he says. The seeds for LILP were sown the seeds for LILP were sown The ieeds for LHP were soon – with 40% of the population aged 1 2012 when lace Housing. Markowski 1 and 1 proved so successful it has since been rolled out countywide. Around the same time of the authorities.

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pilot. Lincolnshire HIA launched

campaign aimed at bringing together commissioners, servic providers and others concerne

with promoting independent living. A think-tank was launched and a series of discussions held

which eventually brought LILP's

which eventually brought LILP's six partners together with commissioners. "We felt that collectively we could effectively respond to people's needs and avoid the need

for people to be referred back into the system,' says Nick Chambers

chief executive of Lace Housing 'It has involved organisations coming together who under normal circumstances wouldn't

do so. But together we can deliver

ioned up and holistic services. "The beauty of this is the six are regulated, not for profit organisations with their own

excellent reputation. 'As charitable organisation:

our surpluses are reinvested into future provision. Elected members see it as a better

approach, it feels right and I think it's the way forward to provide

services in a more cohesiv

The consortium may have

arrived at an opportune time: With a county council, seven

manner.'

nance arrangements that are well known to local people, well established, and have an

Ask MYB Q What percentag Lincolnshire's reside are aged 65+?

assistive technology in the

"Where really good initiative like the consortium development come in is through helping to address a lot of these things. The better the service offer, the more likely you are going to get good quality people coming to work in

what's happening in Lincolnshire could provide a blueprint for

is enabling each member to focus on delivering what it's best at. It's a better experience for the customer and it's better for the customer and its better tor commissioners who are watching the pennies,' he says. 'By bringing the partnership together it also makes it easier for commissioners to see what innovation and integration can look like.

'It transfers the burden of responsibility from them to those in the consortium and that way you will get more creativity and give those organisations the chance to shape the services, not just deliver them.'

January/February 2014



### STRONGER TOGETHER

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A countywide Wellbeing Service, to be launched in April, will aim to make care and support services easier to access and drive carlier intervention to enable people to live independently and reduce the need for long-term care or hospital visits. It reflects the council's aim to have fewer – and therefore larger – commissions and to larger – commissions and to put the emphasis on prevention focusing on outcomes such reduced falls and the use

Health & social care

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The contract to deliver the Wellbeing Service was due to be awarded as Local Government News went to press, but it would appear to be an ideal fit with LILP. 'Lincolnshire's rurality makes it difficult for service providers to recruit and retain staff, according to Tony McGinty, the county council's assistant director of public health.

Andy Chaplin, director of Foundations - the national body for England's 200 home improvement agencies and handyperson services - believes

What the consortium is doing

# Wellbeing Service

## - Recognition Health Service Journal







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### Local providers can step up to trump national players

### 25 June, 2014 | By Mick King

Beating national organisations to contracts means local providers striving to offer a more attractive solution, as a county-wide effort in Lincolnshire has shown, says Mick King

Whenever a national organisation wins a health related contract, there tends to be a collective sigh from local providers along the lines of "why not use us?" or "how can they possibly have the local knowledge and reputation to do the job properly?"

'The consortium is able to offer a variety of support to vulnerable people, ranging from home adaptations to end of life care'

But look at it from a commissioner's point of view: the pressure to get results is immense and continues to rise at a time when resources are diminishing.

More often than not, they are confronted with a highly complex and fragmented picture of local third sector provision, with myriad organisations

providing different, but frequently overlapping, services.

The alternative is an all in one national provider with a clear brand that is probably already doing the job somewhere else.



Locally based providers must present commissioners with a clear and attractive proposition to win health contracts



That is precisely what has happened in Lincolnshire, and as a result, four local organisations are now delivering a new

county-wide wellbeing

It is up to locally based

providers to present

clear and attractive

proposition.

commissioners with a

service, with the likelihood of taking on additional services in the future.

- HSJ commission scoping report: Pave the way for better elderly care
- · Off the page: profile improve patient centred care
- Visit Resource Centre for more in-depth features and analysis on commissioning, innovation and leadership

### Local complexity

With a county council, seven district councils, four health trusts and four clinical commissioning groups, Lincolnshire is about as complex as it gets.

The Lincolnshire Home Improvement Agency, social landlords Lace Housing and Boston Mayflower, Age UK Lincoln, St Barnabas Lincolnshire Hospice and community support provider Adults Supporting Adults joined forces earlier this year to form the Lincs Independent Living Partnership.



The consortium - bound by a joint venture agreement and a shared vision - is able to offer a variety of support to vulnerable people, ranging from home adaptations to end of life care. Through the partnership, the six partners can offer better quality and seamless services that are more easily understood by both users and commissioners.

The consortium's roots partly lie in the coming together of Lace Housing, Age UK Lincoln and Adults Supporting Adults in 2012 to pilot a new approach on behalf of a local trust to support vulnerable people when they have been discharged from hospital.

'Provision can actually be extended at a time when resources are stretched, and in many areas, services are being cut back'

This collaboration sparked discussions between the three about how they could join forces to deliver better services, outcomes and value. Those conversations then drew in three more local organisations to eventually form the partnership.

Around the same time, the Lincolnshire Home

Improvement Agency led a

campaign to promote independent living and engage commissioners in a conversation about how the county should improve the way it supports people to live independently.

With an ageing population, rising care needs, and an NHS at breaking point, it is clear we cannot continue down the same path. The shift towards greater integration between health, social care and, crucially, housing support must happen if we are to create a system that makes prevention its goal.

The partnership aims to improve preventative work and community based support by reducing the burden on NHS acute services through the achievement of key health outcomes.

#### Japan's integrated total care vision for an ageing population

These outcomes include reducing unplanned hospitalisation for chronic conditions and ensuring that more people aged 65 and older are still at home 91 days after discharge from hospital, and that they are taking part in rehabilitation services.

By working together, the partners can also create economies of scale, remove duplication and waste, and share best practice, so that provision can actually be extended at a time when resources are stretched, and in many areas, services are being cut.

Users benefit from a more joined up approach from organisations they are familiar with, and are better able to manage long term conditions.

### Rapid response

After the county council's wellbeing service went live in April, members of partnership assessed 1,018 clients in the first four weeks to identify their needs and put interventions in place. Most are in receipt of supported housing services and many have long term conditions such as dementia.

There are now 36 rapid responders across the county, and while there were concerns over how quickly they would reach clients, they have so far proved to be as fast as onsite wardens.



# Wellbeing Service - Recognition The Commissioning Review



Share on linkedin By Andy Chaplin | 3 June, 2014 16:39

Social prescribing can help commissioners to effectively deliver preventative healthcare.

Norman Lamb recently described the Better Care Fund (BCF) as "the biggest ever shift towards preventive healthcare". But for that to happen, the care and support minister said BCF plans would need to deliver care centred on individual needs and which integrate health and social care. Crucially, they must ensure early action so people can stay healthy and independent at home and avoid going into hospital or to accident and emergency.

Let's consider that final point. Early intervention will clearly have to play a central role if we are to move away from our reactive, hospital-centred healthcare system and relieve pressure on overstretched acute services.

...My own organisation, Foundations – the national body for nearly 200 home improvement agencies (HIAs) in England – has been tracking the progress of BCF discussions and the formulation of plans. Hull's submission, for example, places strong emphasis on care and support in the home. But in some cases, references to housing support are implied rather than made explicit.

...,HIAs are right on the frontline of prevention, supporting vulnerable people to live independently by assessing their needs, carrying out home adaptations, providing advice and enabling them to access support for everything from dementia to debt problems. They are also one of the main participants overseeing work carried out through disabled facilities grants (DFG) – now part of the Better Care Fund.

Yet it's difficult to see how we will achieve a shift towards prevention if housing support isn't part of the integration picture. Safe, warm homes mean vulnerable people are less likely to be hospitalised as a result of falls or suffer from deteriorating health conditions that necessitate repeat GP visits. And as much as home support prevents hospital admissions it also has a role to play in facilitating safe, swift and sustainable discharges. Helping people to choose the right changes to their home environment presents a tremendous opportunity to help individuals enjoy a better later life.

...Fortunately we have plenty of examples of areas where housing support's role is already being recognised.

For example, Lincolnshire HIA has just been successfully mandated to deliver a countywide wellbeing service that will include trusted assessment, minor adaptations, daily living aids, telecare, a rapid response service to support vulnerable people in their homes and generic provision such as help to apply for grants and benefits. It will run the service with fellow members of Lincs Independent Living Partnership (LILP), a consortium comprising the HIA, two social landlords, a hospice, a community support provider and an Age UK partner.

Andy Chaplin is director of Foundations.



# Wellbeing Service – Recognition National Awards

- June 2015: Foundations (national body for home improvement agency and handyperson services) – Winner in 'Better Together' award for integrated service delivery Foundations
- December 2015: National 3<sup>rd</sup> Sector
  Care Awards *Finalist* in Collaboration (Integration) award

THE 3RD SECTOR CARE



# Wellbeing Service – What is the future?

- Alignment with...
- Single, countywide equipment supply?
- Coordinated, countywide Disabled Facilities
  Grant (DFG) delivery?



# Wellbeing Service & Lincs Independent Living Partnership – Contact details

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