

A simple guide to RSN online spreadsheets – An Analysis of Active People Survey 8

The attached spreadsheet is a Rural Services Network analysis of the Active People Survey 8. It is intended to support those in our member authority areas to access the data relevant to them, and to provide a simple charting tool to present this information.

All data comes from Sport England - www.sportengland.org, where a complete description of the Active People Survey process and results can be obtained.

An Analysis of Active People Survey 8

Select your local authority:
County:
Region:

Allerdale
Cumbria
NORTH WEST

County Sports Partnership: Cumbria

Adult participation in sport and active recreation (N18)

District/Unitary Authority

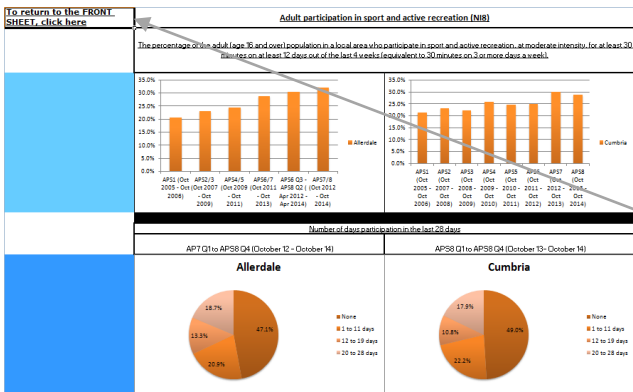
Area name	AP51 (Oct 2005 - Oct 2006)		AP52/3 (Oct 2007 - Oct 2009)		AP54/5 (Oct 2009 - Oct 2011)	
	%	Base	%	Base	%	Base
Allerdale	20.6%	1002	23.0%	999	24.4%	1004

Area name	AP7 Q1 to AP58 Q4 (October 12 - October 14)				
	Number of days participation in the last 28 days				
	None	1 to 11 days	12 to 19 days	20 to 28 days	Base
Allerdale	47.1%	20.3%	13.3%	18.7%	996

Area name	MALES		FEMALE		16 to 34	
	%	Base	%	Base	%	Base
Allerdale	36.3%	988	28.0%	608	51.7%	92

To select the authority of interest, select this cell and click on the grey square to the right of it to present the drop down list of options.

On selecting an authority, the analysis automatically populates with the relevant county, region and CSP comparators.



Clicking on the section title on the FRONT SHEET, takes the user to the corresponding chart sheet. The top left cell on the chart sheet can then be used to navigate back to the FRONT SHEET.

Adult participation in 30 minutes, moderate intensity sport (14 years of age and over)

1 session a week (at least 4 sessions of at least moderate intensity for at least 30 minutes in the previous 28 days)

[\(click on table above for charts\)](#)

District/Unitary Authority

Area name	AP57 (Oct 2012 - Oct 2013)		AP58 (Oct 2013 - Oct 2014)		
	%	Base	%	Base	Statistically significant change from AP57
Allerdale	33.5%	521	37.2%	500	No Change

County

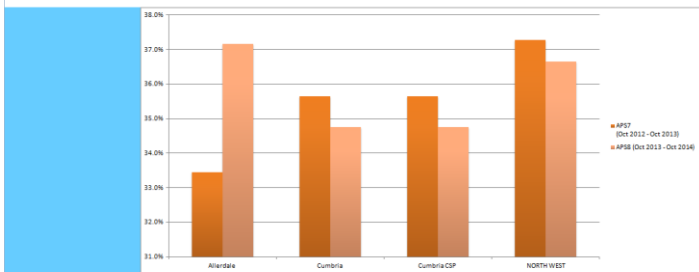
Area name	AP57 (Oct 2012 - Oct 2013)		AP58 (Oct 2013 - Oct 2014)		
	%	Base	%	Base	Statistically significant change from AP57
Cumbria	35.6%	3051	34.6%	3016	No Change

County Sport Partnership (CSP)

Area name	AP57 (Oct 2012 - Oct 2013)		AP58 (Oct 2013 - Oct 2014)		
	%	Base	%	Base	Statistically significant change from AP57
Cumbria	35.6%	3051	34.6%	3016	No Change

[To return to the FRONT SHEET, click here](#)

Adult participation in 30 minutes, moderate intensity sport (14 years of age and over)
1 session a week (at least 4 sessions of at least moderate intensity for at least 30 minutes in the previous 28 days)



● **Adult participation in 30 minutes, moderate intensity sport (16 years of age and over)**

1 session a week (at least 4 sessions of at least moderate intensity for at least 30 minutes in the previous 28 days)

(click on this share for chart)

District/Unitary Authority

Area name	APS1 (Oct 2005-Oct 2006)		APS2 (Oct 2007-Oct 2008)	
	%	Base	%	Base
Allerdale	29.1%	1008	29.8%	502

County

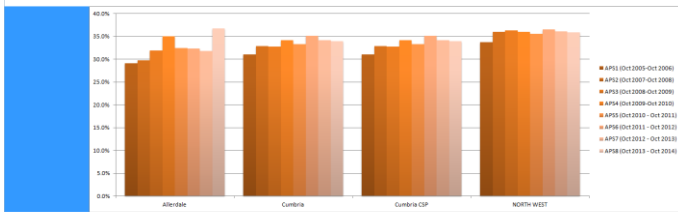
Area name	APS1 (Oct 2005-Oct 2006)		APS2 (Oct 2007-Oct 2008)	
	%	Base	%	Base
Cumbria	31.1%	6076	32.9%	3034

County Sport Partnership (CSP)

Area name	APS1 (Oct 2005-Oct 2006)		APS2 (Oct 2007-Oct 2008)	
	%	Base	%	Base
Cumbria	31.1%	6076	32.9%	3034

[To return to the FRONT SHEET, click here](#)

Adult participation in 30 minutes, moderate intensity sport (16 years of age and over)
1 session a week (at least 4 sessions of at least moderate intensity for at least 30 minutes in the previous 28 days)



I hope this helps and the spreadsheet provides a useful snapshot of the situation in your area. If you have any comments or suggestions, please contact dan.worth@sparse.gov.uk