## A simple guide to RSN online spreadsheets - An analysis of Public Health England's Health Profile Data for 2015

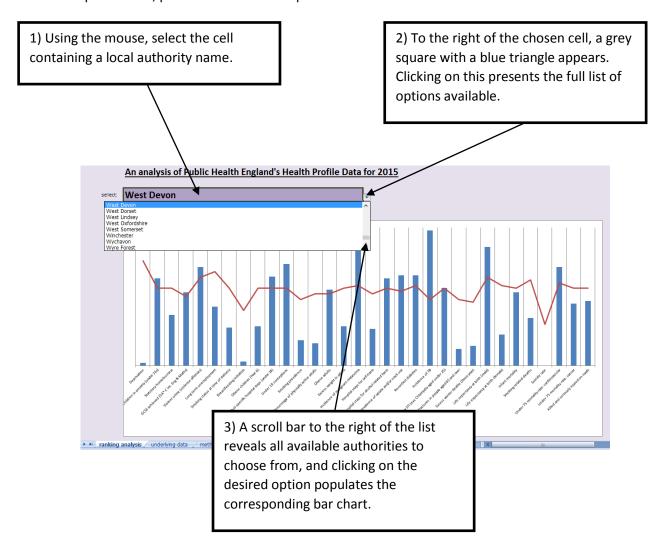
Public Health England produce a series of Health Profiles that are designed to help local government and health services identify problems in their areas and decide how to tackle them. They provide a snapshot of the overall health of the local population, and highlight potential problems through comparison with other areas. The RSN analysis uses this data to better understand the position in your local authority area.

The analysis sheet allows the user to select the local authority of interest and an authority for comparison, which then populates the respective bar charts.

The analysis ranks the selected authority for each of the measures against authorities of the same rural classification, with a high rank indicating a poor comparative result for that measure, and a low rank indicating a good result. Hence on the bar chart diagram, measures that are close to the horizontal axis (y=0 line) indicate a low threat in that area of health, and measures that are furthest from the horizontal axis indicate a higher threat in that area of health (all comparative to authorities of the same rural classification). The chosen local authority's ranking profile is contrasted against the ranking position of the simple arithmetic average of its rural classification, thereby giving a visual context along each of the measures.

It is important to note that when comparing one authority's ranking diagram to another authority of a different classification, the absolute heights of the measures cannot be compared as they relate to rankings for two different sets of authorities. The general position however is indicative of the health challenges that each authority will be facing.

To use the spreadsheet, please follow these steps:



Below is a table that shows the time period, definition and data source for each of the indicators used within the analysis.

I hope this helps. If you have any comments or suggestions, please contact dan.worth@sparse.gov.uk

Indicator	Time perio	Definition	Value type	Unit	Data source
Deprivation	d 2013	% of the relevant population in this area living in the 20% most deprived Lower Super Output Areas in England.	Proportion	%	Department for Communities and Local Government (DCLG)
Children in poverty (under 16s)	2012	Percentage of children in low income families (children living in families in receipt of out of work benefits or tax credits where their reported income is less than 60% median income) for under 16s only	Proportion	%	HM Revenue and Customs (Personal Tax Credits: Related Statistics - Child Poverty Statistics)
Statutory homelessne ss	2013/ 14	Statutory homeless households, crude rate per 1,000 estimated total households, all ages	Crude rate	per 1000	Department for Communities and Local Government
GCSE achieved (5A*-C inc. Eng & Maths)	2013/ 14	Percentage of pupils achieving 5 or more GCSEs at grades A*-C (including English and Maths) or equivalent, percentage of pupils at end of Key Stage 4 in schools maintained by the Local Authority, at the end of the academic year, persons.	Proportion	%	Data downloaded from the Department for Education website
Violent crime (violence offences)	2013/ 14	Violence against the person offences, based on police recorded crime data, crude rate per 1,000 population	Crude rate	per 1000	Figures calculated by PHE Knowledge and Intelligence Team (North West) using crime data supplied by the Home Office and population data supplied by Office for National Statistics (ONS).
Long term unemployme nt	2014	Claimant count for jobseekers allowance, 16-64 year olds claiming for more than 12 months, crude rate per 1000 resident population, 16-64 year olds.	Crude rate	per 1000	Numerator: www.nomisweb.co.u k using Advanced Query for 'Claimant Count' - 'Current' - 'claimant count - age and duration' Denominator: ONS 2013 population estimate www.ons.gov.uk/ons/ rel/pop- estimate/population- estimates-for-uk england-and-wales scotland-and- northern- ireland/2013/rftmid- 2013-uk-population- estimates.zip
Smoking status at time of delivery	2013/ 14	Number of women who currently smoke at time of delivery per 100 maternities.	Proportion	%	Calculated by KIT East from the Health and Social Care Information Centre's return on Smoking Status At Time of delivery (SSATOD)

Breastfeedin g initiation	2013/	Measures the percentage of mothers who give their babies breast milk in the first 48 hours after delivery. The numerator is the number of mothers initiating breast feeding and the denominator is the total number of maternities.  Breast milk provides the ideal nutrition for infants in the first stages of life. There is evidence that babies who are breast fed experience lower levels of gastro-intestinal and respiratory infection. Observational studies have shown that breastfeeding is associated with lower levels of child obesity. Benefits to the mother include a faster return to prepregnancy weight and possibly lower risk of breast and ovarian cancer (BMA Board of Science, 2009) http://www.derbyshirelmc.org.uk/Guidance/Early%20Life%20Nutrition%20and%20Lifelong%20Health.pdf	Proportion	%	LA, Regional and England data are calculated by NHS England. Public Health England Knowledge and Intelligence Team (East) has calculated Shires and additional geographies.
Obese children (Year 6)	2013/ 14	Prevalence of obesity (BMI greater than 95th centile of the UK90 growth reference) among children in Year 6 (age 10-11 years)	Proportion	%	Health and Social Care Information Centre, National Child Measurement Programme
Alcohol- specific hospital stays (under 18)	2011/ 12 - 13/14	Persons admitted to hospital due to alcohol-specific conditions – under 18 year olds, crude rate per 100,000 population. See LAPE user guide for further details - http://www.lape.org.uk/downloads/Lape_guidance_an d_methods.pdf	Crude rate	per 100,000	Calculated by Public Health England: Knowledge and Intelligence Team (North West) using data from the Health and Social Care Information Centre - Hospital Episode Statistics (HES) and Office for National Statistics (ONS) - Mid Year Population Estimates
Under 18 conceptions	2013	Conceptions in women aged under 18 per 1,000 females aged 15-17	Crude rate	per 1000	Office for National Statistics (ONS)
Smoking prevalence	2013	Prevalence of smoking among persons aged 18 years and over.	Proportion	%	Integrated Household Survey. Analysed by Public Health England.
Percentage of physically active adults	2013	The number of respondents aged 16 and over, with valid responses to questions on physical activity, doing at least 150 "equivalent" minutes of at least moderate intensity physical activity per week in bouts of 10 minutes or more in the previous 28 days expressed as a percentage of the total number of respondents aged 16.	Proportion	%	Active People Survey, Sport England
Obese adults	2012	Adults with a BMI greater than or equal to 30kg/m2	Proportion	%	Active People Survey, Sport England
Excess weight in adults	2012	Percentage of adults classified as overweight or obese	Proportion	%	Active People Survey, Sport England
Incidence of malignant melanoma	2010 - 12	Registrations for malignant melanoma of the skin (ICD-10 C43), directly age-standardised rate, persons, under 75, (3-year average of annual rates), per 100,000 2013 European Standard population.	Directly standardised rate	per 100,000	Health and Social Care Information Centre

Hospital stays for self-harm	2013/	Emergency Hospital Admissions for Intentional Self-Harm, directly age-sex standardised rate, all ages, Persons.	Directly standardised rate	per 100,000	Hospital Episode Statistics (HES), Health and Social Care Information Centre for the respective financial year, England. Hospital Episode Statistics (HES) Copyright © 2015, Re-used with the permission of The Health and Social Care Information Centre. All rights reserved.  Local Authority estimates of resident population, Office for National Statistics (ONS) Unrounded mid-year population estimates produced by ONS and supplied to the Public Health England. Analysis uses the single year of age grouped into quinary age bands, by sex.
Hospital stays for alcohol related harm	2013/	Admissions to hospital where the primary diagnosis is an alcohol-attributable code or a secondary diagnosis is an alcohol-attributable external cause code. Directly age standardised rate per 100,000 population European standard population. See LAPE user guide for further details - http://www.lape.org.uk/downloads/Lape_guidance_an d_methods.pdf	Directly standardised rate	per 100,000	Calculated by Public Health England: Knowledge and Intelligence Team (North West) using data from the Health and Social Care Information Centre - Hospital Episode Statistics (HES) and Office for National Statistics (ONS) - Mid Year Population Estimates.
Prevalence of opiate and/or crack use	2011/	Estimated prevalence of opiate and/or crack cocaine users (previously defined as 'problem drug users'), crude rate per 1,000 population, ages 15-64, persons.	Crude rate	per 1000	Alcohol, Drugs & Tobacco Division
Recorded diabetes	2013/ 14	The prevalence of Quality and Outcomes Framework (QOF) recorded diabetes in the population registered with GP practices aged 17 and over.	Proportion	%	Information centre for health and social care (IC). QOF information is derived from the Quality Management Analysis System (QMAS), a national system developed by NHS Connecting for Health.
Incidence of TB	2011 - 13	The three-year average number of reported new cases per year (based on case notification) per 100,000 population	Crude rate	per 100,000	Public Health England
New STI (exc Chlamydia aged under 25)	2013	All new STI diagnoses (excluding Chlamydia in under 25 year olds) in GUM clinic attendees who are resident in England, i.e. data excludes people accessing GUM clinics located in England who are resident in Wales, Scotland, Northern Ireland or abroad.	Crude rate	per 100,000	Public Health England

Hip fractures in people aged 65 and over	2013/14	Emergency Hospital Admission for fractured neck of femur in persons aged 65 and over, directly age-sex standardised rate per 100,000.	Directly standardised rate	per 100,000	Hospital Episode Statistics (HES), Health and Social Care Information Centre for the respective financial year, England. Hospital Episode Statistics (HES) Copyright © 2014, Re-used with the permission of The Health and Social Care Information Centre. All rights reserved. Local Authority estimates of resident population, Office for National Statistics (ONS) Unrounded mid-year population estimates produced by ONS and supplied to the Public Health England
Excess winter deaths (three year)	Aug 2010 - Jul 2013	Excess Winter Deaths Index (EWD Index) is the excess winter deaths measured as the ratio of extra deaths from all causes that occur in the winter months compared with the expected number of deaths, based on the average of the number of non-winter deaths.	Ratio		Annual Public Health Mortality File provided by ONS
Life expectancy at birth	2011 - 13	The average number of years a person would expect to live based on contemporary mortality rates. For a particular area and time period, it is an estimate of the average number of years a newborn baby would survive if he or she experienced the age-specific mortality rates for that area and time period throughout his or her life.  Figures are calculated from deaths from all causes and mid-year population estimates, based on data aggregated over a three year period.  Figures reflect mortality among those living in an area in each time period, rather than what will be experienced throughout life among those born in the area. The figures are not therefore the number of years a baby born in the area could actually expect to live, both because the mortality rates of the area are likely to change in the future and because many of those born in the area will live elsewhere for at least some part of their lives.	Life expectancy	Years	Figures calculated by Office for National Statistics using ONS mortality data and mid-year population estimates.
Infant mortality	2011 - 13	Infant deaths under 1 year of age per 1000 live births	Crude rate	per 1000	Office for National Statistics (ONS)
Smoking related deaths	2011 - 13	Deaths attributable to smoking, directly age-sex standardised rate for persons aged 35 years +. Relative risks by ICD10 code from The Information Centre for Health and Social Care, Statistics on Smoking: England 2010.	Directly standardised rate	per 100,000	ONS mortality file, ONS LSOA single year of age population estimates and smoking status from Integrated Household Survey, relative risks from The Information Centre for Health and Social Care, Statistics on Smoking, England 2010.
Suicide rate	2011 - 13	Age-standardised mortality rate from suicide and injury of undetermined intent per 100,000 population	Directly standardised rate	per 100,000	Public Health England (based on ONS source data)
Under 75 mortality rate: cardiovascul ar	2011 - 13	Age-standardised rate of mortality from all cardiovascular diseases (including heart disease and stroke) in persons less than 75 years per 100,000 population.	Directly standardised rate	per 100,000	Public Health England (based on ONS source data)
Under 75 mortality rate: cancer	2011 - 13	Age-standardised rate of mortality from all cancers in persons less than 75 years per 100,000 population	Directly standardised rate	per 100,000	Public Health England (based on ONS source data)

Killed and	2011	Number of people reported killed or seriously injured	Crude rate	per	Department for
seriously	- 13	(KSI) on the roads, all ages, per 100,000 resident		100,000	Transport
injured on		population.			
roads					